



**Free - CERT 3.0
online course,
provided by
University of Utah**

<https://medicine.utah.edu/occupational-environmental-health/research/outreach/cert>



**Milton
Township
CERT**



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ABOUT US

The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may occur where they live. In addition, we participate in a variety of community events to ensure the safety of the attendees.

Course Curriculum:

All Participants will need to complete the Free Online CERT 3.0 course, provided by University of Utah, prior to the final exam on week 4.

It is recommended you take this course prior to the practical training in weeks two and three, as you will have an overview of the knowledge we will be practicing.

- **Week 1**

- Intro to CERT
- Overview of situations we may encounter in CERT.

- **Week 2**

- Practical exercises
 - Fire safety & Extinguisher practice
 - Outdoor and indoor search and rescue

- **Week 3**

- Practical exercises
 - Hands on triage & medical

- **Week 4**

- Final exam
- Graduation

What is CERT?

During a catastrophic disaster, your neighborhood will be on its own during the early stages of an event. After such a disaster, citizens will naturally volunteer to help. Unfortunately, these people can expose themselves and others to potential injury and even death without proper training. Experience has shown that basic training in disaster survival and rescue skills increases citizens' chance of survival until first responders or other assistance arrives.

CERT provides training for basic disaster response skills, such as:

Fire Safety and Suppression: Team members will learn how to use extinguishers and other equipment to recognize and suppress small fires.

Disaster Medical Operations: Team members will learn how to conduct triage, establish medical treatment areas, and provide basic first aid for survivors.

Damage Assessment: Team members will learn how to rapidly assess damage, employing a standardized format used throughout the country by CERT.

Organization, Terrorism and Disaster Psychology: Experience has shown that basic training in disaster survival and rescue skills improves the ability for citizens to survive until first responders or other assistance arrives.

Disaster Preparedness: CERT training instructs team members to prepare themselves, their families, and their neighborhoods for possible hazards.