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MILTON TOWNSHIP SUPERVISOR JOHN MONING

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Milton Township Community Mental Health Board Year One Strategic Plan 2021-2022

Milton Township Community Mental Health Board Members

Shannon Hartnett, President
Kara Murphy, Secretary
Drew Ellis, Trustee Liaison
Christine Evans
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Stephanie Linares-Hood
Dr. James Shannon

John Monino, Milton Township Supervisor

INTRODUCTION

PURPOSE OF COMMUNITY MENTAL HEALTH BOARDS

Community Mental Health Boards, also know as 708 boards after House Bill 708, were first established by the Community Mental Health Act (405 ILCS 20/) in 1963. To establish a 708 Board requires passage of a local referendum by any county, city village, incorporated town, or township. With the passage of a referendum, local governmental units levy an annual tax not to exceed .15% from taxable property that is appropriated to the Community Mental Health Board. A 708 Board is established for the purposes of planning and funding of mental health, intellectual/developmental disability and substance abuse services. There are over 90 such boards in Illinois.

In 2020, Milton Township voters approved a referendum that established the Milton Township Community Mental Health Board to fund mental health, developmental disabilities, and substance abuse programs that serve township residents. The Act calls for the establishment of a seven-member community mental health board to administer local funds and plan and coordinate services within the local behavioral health system. In July 2021, Milton Township Supervisor John Monino appointed seven Milton Township residents to serve on the community mental health board. One of the statutory requirements of the Community Mental Health Act is to establish a One and Three Year Plan to outline how township tax levied funds will be used to address identified community needs in the areas of mental health, intellectual and developmental disabilities, and substance abuse.

GUIDING PRINCIPLES FOR MILTON TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

- 1) Increase system-wide coordination and collaboration among behavioral health system partners and stakeholders.
- 2) Provide information to community residents to increase public awareness and education of behavioral health needs in the community and available support resources.
- 3) Conduct ongoing assessment to identify community needs and prioritize service provision.
- 4) Ensure that local tax funds are allocated and monitored in an effective and responsible manner.
- 5) Collect and analyze data within Milton Township to track and monitor community impact of funding.

YEAR ONE PLAN

Based on the above guiding principles, the Milton Township 708 Board will prioritize the following in Year One:

- 1) Increase public awareness and education
- 2) Identify community needs and service priorities
- 3) Deploy resources to serve township residents
- 4) Collect and monitor data for impact analysis
- 5) Build internal capacity of 708 board to best serve Milton Township

Goal 1: Increase Public Awareness and Education

- Provide information on mental health, developmental disabilities, and substance abuse to community stakeholders
- Educate public as to the purpose of the Mental Health Board and the services that are available to them in the community
- Increase Mental Health Board social media presence and seek alternative methods of public outreach (i.e. mental health forums, presentations to community groups, editorial column, press releases, website)

Goal 2: Identify Community Needs and Service Priorities

- Conduct a preliminary community needs assessment
- Utilize needs assessment results to identify system gaps and service priorities

Goal 3: Deploy Resources to Serve Township Residents

- Develop grant application policies and procedures
- Award funds to organizations to address unmet needs of Milton Township residents in the areas of mental health, developmental/intellectual disabilities, and substance abuse

Goal 4: Build internal capacity of 708 board to best serve Milton Township

- Gather information about the operations, policies, and practices of existing 708 Boards in Illinois
- Adopt the use of best practices and other effective operational strategies from successful
 708 boards in the area

Goal 5: Seek alternative methods of funding

- Determine whether there are alternative sources of funding available for the provision of mental health, developmental disability, and substance abuse services
- Use opportunities to engage with county, state and federal agencies to increase access and coordination with regards to Milton Township residents' needs

Milton Township Community Mental Health Board

Three Year Strategic Plan FY 2023 - 2025

Mental Health Board Three Year Strategic Plan Fiscal Year 2023 – 2025

Milton Township Community Mental Health Board Members

Shannon Hartnett, President

Kara Murphy, Secretary

Drew Ellis, Trustee Liaison

Christine Evans

Robert Lyon

Abby Oliver

Jenny Burke

John Monino, Milton Township Supervisor

Jennifer Hutchins, CMHB Manager

Table of Contents

ntroduction	4
Strategic Plan	5
FY 2022 Year One plan and review	5
FY 2023-2025 Strategic Plan	7
Appendix A	9
Appendix B	. 10

Introduction

In 2020, Milton Township voters approved a referendum that established the Milton Township Community Mental Health Board to fund mental health, developmental disabilities, and substance abuse programs that serve township residents. The Act calls for the establishment of a seven-member community mental health board to administer local funds and plan and coordinate services within the local behavioral health system.

In July 2021, Milton Township Supervisor John Monino appointed seven Milton Township residents to serve on the community mental health board. One of the statutory requirements of the Community Mental Health Act is to establish a One- and Three-Year Plan to outline how township tax levied funds will be used to address identified community needs in the areas of mental health, intellectual and developmental disabilities, and substance abuse.

The Community Mental Health Board distributes funding on an annual basis, using a calendar-based funding cycle. Agencies apply each year and are awarded funding based on priorities established by the board and needs in the community. In FY2023, our inaugural year the Mental Health Board distributed \$700,000 in funds to fourteen agencies in Milton Township. This has continued into FY2024, with \$770,000 in funds distributed to seventeen local funding partners.

The Milton Township Community Mental Health Board has developed a three-year plan (2023-2025) that builds upon our Year 1 goals and accomplishments. This plan highlights our commitment to providing residents with access to essential programs and services in the areas of mental health, substance use disorder, and developmental disabilities.

Year One Strategic Plan and Notable Accomplishments

GUIDING PRINCIPLES FOR MILTON TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

- 1) Increase system-wide coordination and collaboration among behavioral health system partners and stakeholders.
- 2) Provide information to community residents to increase public awareness and education of behavioral health needs in the community and available support resources.
- 3) Conduct ongoing assessment to identify community needs and prioritize service provision.
- 4) Ensure that local tax funds are allocated and monitored in an effective and responsible manner.
- 5) Collect and analyze data within Milton Township to track and monitor community impact of funding.

Goal 1:

Increase Public Awareness and Education

- Provide information on mental health, developmental disabilities, and substance abuse to community stakeholders.
- Educate public as to the purpose of the Mental Health Board and the services that are available to them in the community.
- Increase Mental Health Board social media presence and seek alternative methods of public outreach (i.e., mental health forums, presentations to community groups, editorial column, press releases, website)

Accomplishments

- Launched Milton Township 708 Board Facebook page and used social media to promote local resources and services.
- Members of the 708 Board and/or staff
 - o Joined DCHD at a hosted community information 708 forum.
 - o Participated in Elected official mental health summit.
 - o Participated in League of Women Voters forum on Mental Health Needs
- CMHB hosted funding partner Meet and Greets

Goal 2:

Identify Community Needs and Service Priorities

- Conduct a preliminary community needs assessment.
- Utilize needs assessment results to identify system gaps and service priorities.

Accomplishments:

- Compiled a needs assessment and presented to Milton Township Trustees
- Held educational form of Milton Township Trustees to describe community needs in order to inform decisions about tax levy.
- Collaborated with, provided assistance and information to newly formed 708 Boards.

Goal 3:

Deploy Resources to Serve Township Residents

- Develop grant application policies and procedures.
- Award funds to organizations to address unmet needs of Milton Township residents in the areas of mental health, developmental/intellectual disabilities, and substance abuse.

Accomplishments:

- Developed grant application using Foundant grant management platform.
- Awarded \$700,000 in funding in FY23 to 14 agencies.
- Awarded \$770,000 in funding in FY24 to 17 agencies.
- Funding served 6,553 individuals in Milton Township.

Goal 4:

Build internal capacity of 708 board to best serve Milton Township

- · Gather information about the operations, policies, and practices of existing 708 Boards in Illinois
- Adopt the use of best practices and other effective operational strategies from successful 708 boards in the
 area.
- Assigned Board Liaisons to each funding partner and conducted site visits to learn more about the work of the agencies receiving Milton Township funding.

Accomplishments:

- Joined Association of Community Mental Health Authorities of Illinois (ACMHAI)
- Participated as member of ACMHAI Legislative Committee
- Met with representatives of Hanover Park, Oak Park, Bloomingdale Township Mental Health Boardsthere may be others to gather information on operational best practices.
- Adopted board bylaws.
- Hired part-time Mental Health Board Manager
- Developed and executed a Conflict of Interest Policy
- Ensured board compliance with OMA and externally mandated reporting guidelines.

Goal 5:

Seek alternative methods of funding

- Determine whether there are alternative sources of funding available for the provision of mental health, developmental disability, and substance abuse services.
- Use opportunities to engage with county, state, and federal agencies to increase access and coordination with regards to Milton Township residents' needs

Accomplishments:

- Held Forum at DuPage County Community Center
- Developed application processes that included and encouraged solicitation of alternative funding sources.

Milton Township Community Mental Health Board Strategic Plan

2023-2025

Overview

Milton Township understands that awareness of the existence and purpose of the Community Mental Health Board is important to gain support for the board's work and the work of our funded partners. In the years to come, the Board will develop and cultivate relationships with community leaders and key stakeholders to highlight the important work being done throughout the township to address mental health, substance use disorder, and the needs of individuals with intellectual and developmental disabilities.

Goal 1: Increase Public Awareness and Education

- Provide information on mental health, developmental disabilities, and substance abuse to community stakeholders.
- Educate public as to the purpose of the Mental Health Board and the services that are available to them in the community.
- Increase Mental Health Board social media presence and seek alternative methods of public outreach (i.e., mental health forums, presentations to community groups, editorial column, press releases, website)
- Inclusion of Mental Health Board funding partners' updates shared on social media and Milton Township website to provide information to the community.

Goal 2: Identify Community Needs and Service Priorities

- Continue to gather and analyze community needs data using existing resources.
- Utilize needs assessment results to identify system gaps and service priorities.
- Identify gaps and create new processes as needed, such as Emergency Funding and Mini Grants.
- Provide funding partner training on Milton Township area tracking requirements.

Goal 3: Deploy Resources to Serve Township Residents

- Refine grant application policies and procedures.
- Award funds to organizations to address unmet needs of Milton Township residents in the areas of mental health, developmental/intellectual disabilities, and substance abuse.
- Create partnerships (Board member liaisons) between board members and funding partners to increase interaction with the Board which will include site visits/tours by board members.
- · Maintain financial accountability by achieving budget goals each fiscal year.

Goal 4: Build internal capacity of 708 board to best serve Milton Township

- Continue to gather information about the operations, policies, and practices of existing 708 Boards in Illinois
- Adopt the use of best practices and other effective operational strategies from successful 708 boards in the area.
- Provide support and mentorship to new Community Mental Health Boards by sharing ideas, best practices, and documents with these new Boards.
- Bring funding partners together for an annual Meet and Greet in order to allow for partner introductions and collaboration between partners.
- · Provide opportunities for Funding Partner presentations to the Board and community to share their impact

- and work progress within Milton Township on a yearly basis.
- Comply with annual reporting requirements of the Mental Health Act and stay abreast of any changes to the Mental Health Act.

Goal 5: Seek alternative methods of funding

- Determine whether there are alternative sources of funding available for the provision of mental health, developmental disability, and substance abuse services.
- Use opportunities to engage with county, state, and federal agencies to increase access and coordination with regards to Milton Township residents' needs

Appendix A

Milton Township Community Mental Health Board Funding Partners 2023 January 1, 2023 – December 31, 2023

B.R. Ryall YMCA of Northwestern DuPage County, Glen Ellyn School District 41 and CCSD 89	Mental Health Services Provided for B.R. Ryall YMCA, Glen Ellyn School District 41 and CCSD 89	\$41,000
DuPage Federation	Supporting optimal mental health and well-being for Milton Township partners with language access	\$5,000
Easterseals of DuPage & Fox Valley	Rehabilitation and Mental Health Services for Children with Disabilities and Their Families	\$100,000
Evangelical Child & Family Agency	Low Income Counseling Services	\$10,000
Glen Ellyn Youth and Family Counseling Service	Empowering Community Connection Health and Opportunity Project (ECCHO)	\$64,000
Immigrant Solidarity DuPage	DuPage County Peace Circle and Latino Mental Health Wellness Project	\$10,000
NAMI DuPage	Mental Health Education and Support for Youth	\$100,000
Outreach Community Ministries	Clinical Case Management and Care Coordination	\$100,000
Path To Recovery Foundation	Recovery Coaching Program for Individuals and Families affected by Substance Use Disorder (SUD)	\$15,000
Ray Graham Association	Engage-Connect-Respond	\$65,000
Samaritan Interfaith Counseling Center, Inc. dba SamaraCare	Mental Health Access Program	\$20,000
Teen Parent Connection	Pathways to Prevention - Milton Township	\$20,000
United Cerebral Palsy Seguin of Greater Chicago	Comprehensive Services for Township Residents with Intellectual and Developmental Disabilities (IDD)	\$50,000
YWCA Metro Chicago	Infant/Early Childhood Mental Health Consultation Services	\$100,000

Appendix B

Milton Township Community Mental Health Board Funding Partners 2024 January 1, 2024 – December 31, 2024

B.R. Ryall YMCA of Northwestern DuPage County, Glen Ellyn School District 41 and CCSD 89	Youth Mental Health Support Partnership https://www.brryallymca.org/ https://www.ccsd89.org/	\$41,000
CASE/Glenbard Early Childhood Collaborative	Glenbard PAT 3-5 Home Visiting for Milton Township https://www.casedupage.com/glenbard-early-childhood-collaborative/	\$48,500
City of Wheaton	City of Wheaton Social Service Projects www.wheaton.il.us	\$10,000
DuPage Federation	Milton Township Welcomes https://www.dupagefederation.org	\$13,750
DuPage Pads	Permanent Supportive Housing (PSH) for Those Who Have Experienced Homelessness in Milton Township www.dupagepads.org	\$35,000
Easterseals of DuPage & Fox Valley	Rehabilitation and Mental Health Services for Children with Disabilities and Their Families www.eastersealsdfvr.org	\$90,000
Evangelical Child & Family Agency	Low Income Counseling Services www.evancfa.org	\$10,000
Glen Ellyn Youth and Family Counseling Service	Empowering Community Connection and Opportunity (ECCO) Project www.geyfcs.org	\$72,500
I Support Community NFP dba Inside Out Club DuPage	Inside Out Club Expansion www.insideoutclub.org	\$2,000
NAMI DuPage	Mental Health Education and Support for Youth www.namidupage.org	\$50,000
Outreach Community Ministries	Mental Health Care Coordination https://weareoutreach.org/	\$90,000
Ray Graham Association	Engage-Connect-Respond www.raygraham.org	\$63,750

Appendix B (Cont.)

Samaritan Interfaith Counseling Center, Inc. dba SamaraCare	Mental Health Access Program www.samaracarecounseling.org	\$20,000
Teen Parent Connection	Pathways to Prevention - Milton Township https://teenparentconnection.org/	\$25,000
United Cerebral Palsy Seguin of Greater Chicago	Comprehensive Services for Township Residents with Intellectual and Developmental Disabilities (IDD) www.ucpseguin.org	\$55,000
YWCA Metro Chicago	Infant/Early Childhood Mental Health Consultation Services https://ywcachicago.org/	\$80,154
World Relief Corporation of the National Association of Evangelicals	Mental Health Services for Immigrants and Refugees https://worldrelief.org/chicagoland/	\$64,000