



SEPT 2023 ISSUE

# THE S.A.L.T. COMMUNICATOR

SENIORS & LAW ENFORCEMENT TOGETHER

**MEETINGS** Every S.A.L.T. meeting showcases a different presenter every month to help educate seniors or those helping seniors. The dedicated members of S.A.L.T. all come to communicate and help the seniors in need. Please consider joining the S.A.L.T. monthly meetings if you need support or want to stay informed on different senior topics.

- OCT 10, 2023** ..... S.A.L.T. Meeting @ GEPD @ 10:00  
Meeting held the following Tuesday due to Columbus Holiday
- OCT 14, 2023** ..... Senior Auto Inspection @ WFD from 9:00am-12:00pm  
Wheaton Fire Department Located: 1 Fapp Circle Wheaton, IL. 60187
- NOV 13, 2023** ..... S.A.L.T. Meeting @ GEPD @ 10:00
- DEC 11, 2023** ..... S.A.L.T. Meeting @ GEPD @ 10:00
- JAN. 2024** ..... January Issue of the S.A.L.T. Communicator Issued
- JAN 8, 2024** ..... S.A.L.T. Meeting @ GEPD @ 10:00

**IMPORTANT NOTICE:** Open enrollment for Medicare parts C and D is from Oct 15 to Dec 7. Everyone should check to make sure their rx plan they have this year will be good for them next year. You can go to myMedicare.Gov to check or you can call and make an appointment with Sue Davison at the Glen Ellyn Senior Center 630 858-6343. This is also the enrollment period for Medicare C or the Medicare advantage plans . You can apply for a plan or cancel a plan



S.A.L.T. meets on the second Monday of each month EXCEPT August.



Glen Ellyn Police Department  
65 S. Park Blvd. Glen Ellyn, IL @ 10 AM

## FREE AUTO INSPECTION FOR SENIORS SATURDAY OCT 14TH FROM 9-12

The Free annual auto inspection for Milton Township seniors is sponsored by the Milton Township S.A.L.T. (Seniors and Law Enforcement Together) Council, and supported by AAA Wheaton Car Care Plus.

Certified mechanics and volunteers will check your car's safety and make recommendations for the winter months ahead. Fluid levels and tire pressure will be checked and filled as required.

- Cars are inspected on a first come, first serve basis.
- Light refreshments will be provided while you wait.



## CONTACT INFORMATION:

(630)668-1616



**Wheaton Fire Department**  
1 Fapp Circle Wheaton IL, 60187

- Located one block north of Roosevelt Rd. on Fapp Circle, just behind the Target store near County Farm and Roosevelt Rd.



[miltonTownship.net/s-a-l-t-2/](http://miltonTownship.net/s-a-l-t-2/)



# SCAM REPORT

Submitted by Arnold H. Shifrin, Director of Communications, SALT



## Package Delivery Scam

**How it works:** You receive an email or text message from a delivery driver looking for your residence. The driver states he works for UPS® (United Parcel Service), FedEx® Corporation, or the USPS (United States Postal Service) and has a parcel for you, but there are “problems with your shipping address.” The message includes a tracking number and the delivery company’s logo and graphics, and appears to be authentic. You are instructed to call the driver on his cell phone to re-confirm the delivery and provide directions.

If you call the number, you are asked to verify your name and address. The driver asks for your credit card information to cover a small delivery and handling fee. If you comply with the request and furnish the information, your identity has been stolen. Money will be drained from your account and fraudulent purchases will be charged to your credit card. No parcel will be delivered to you.

If you tell the driver you did not order anything for delivery, you are advised the package is a gift from a relative or friend, so you would not have expected it. The driver is courteous and patient and has a professional demeanor throughout the conversation, making it difficult for you to spot this as a scam.

Instead of calling the driver on his cell phone, you may be asked to click on a link or open an attachment in the message to re-confirm the delivery and provide directions. If you follow these instructions, malicious software is installed on your device, and fraudsters will steal your personal and financial information.

## How to protect yourself

- Keep a record of all packages you are expecting, when they are scheduled for delivery, from what companies they were ordered, and their tracking numbers. When you place an online order for delivery, you will receive a tracking number when the vendor confirms the order. Tracking numbers allow you to monitor the movement of in-transit parcels you are expecting and help verify what a carrier’s agent tells you about a pending delivery.
- Never provide personal or financial information to unsolicited callers. Legitimate delivery carriers do not charge to “redeliver” a parcel and will not ask for this information.
- Do not click on links or open attachments in unsolicited emails or text messages. If you’re not sure whether a message from a delivery carrier is authentic, contact the carrier’s customer service department for confirmation. Use the legitimate website address or telephone number listed below, not one that was given to you by someone else.
  - o UPS: ups.com; 1-800-742-5877
  - o FedEx: fedex.com; 1-800-463-3339
  - o USPS: usps.com; 1-800-275-8777
- Before providing any information online, be sure the carrier’s URL in your browser’s address bar is correct and that it is preceded by a “padlock” icon. The icon signifies the website is secure and the data are encrypted.
- Look for the following signs of bogus carrier websites: misspelled email or website addresses (e.g., fedx.com, fed-ex.com, usps.gov), spelling and grammatical errors, and the excessive use of capital letters and exclamation points.
- Do not conduct online transactions if you are in a public Wi-Fi environment (e.g., library, airport, coffee shop). Individuals nearby may have access to the information on your device.
- If you are a victim of this scam, report it to the delivery carrier and your local police department.

[Sources: FCC,ABC]



## July Speaker – Keely Buffo RN Topic: North Western Medicine Mobile Stroke Unit

The Milton Township S.A.L.T. Council was very appreciative to have the Northwestern Medicine Mobile Stroke Unit present at our July 2023 monthly meeting. Our community is blessed to have the only unit of its kind in Illinois serving us with such an important and critical service.

Kelly Buffo RN, Manager of the Mobile Stroke Unit presented at our July meeting along with the entire unit team that is dispatched to a call for assistance.

### Why community outreach for stroke?

Manager Buffo stated that 1 in 6 deaths from cardiovascular disease were due to stroke with 795,000 people experiencing a new or recurrent stroke each year.

She stated that it is vitally important that the public be educated regarding both stroke awareness and stroke preparedness.

Stroke awareness= the ability to recognize the signs and symptoms of stroke

Stroke preparedness= coupling the knowledge of stroke signs and symptoms with the behavior of calling 911.

### WHAT IS THE MOBILE STROKE UNIT (MSU)? \*Medic 34

- Ambulance with an embedded CT scanner
- Point of care lab testing
- Wireless connection to immediately transmit the CT image to the hospital
- Telemedicine connection to the CDH neurologist
- Allows the CDH Stroke Team to initiate treatment at the scene

Meet the Crew: Driver (FF/EMT), CT Technologist, Critical Care Paramedic, Critical Care Neuro Nurse, Physicians on call Neurologist, and the Neuro-Radiologist.



## Important Information about Strokes

### Types of Stroke

Ischemic (Blockage) 87%

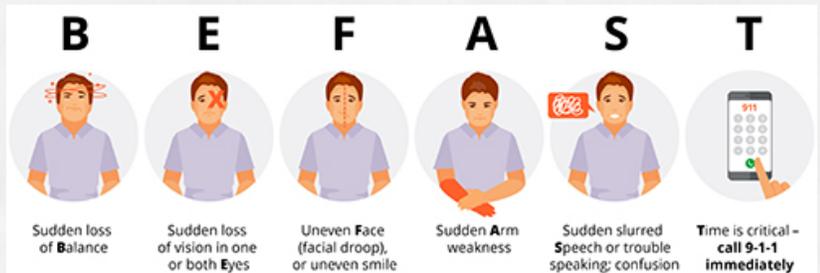
- Caused by a blockage in the blood vessels to the brain

Hemorrhagic (Bleeding) 13%

- Caused by burst or leaking blood vessels in the brain

### 7 key factors can help decrease the risk of heart disease and Stroke

- Manage Blood pressure
- Control Cholesterol
- Reduce Blood Sugar
- Get Active
- Eat Better
- Lose Weight
- Stop Smoking



# Milton Township S.A.L.T.

## The Carol Stream National Night Out

The Milton Township S.A.L.T. Council was requested by event coordinator Officer Carol Cadle of the Carol Stream Police Department, to participate in the police department organized National Night Out.

This wonderful event provided an opportunity for over 2000 families and friends to enjoy a great night of fun and enjoy music, great food, and connection with over 35 organizations that help support the community.

At the event, the Milton Township S.A.L.T. Council provided a wide variety of useful information on the many forms of scams and how to prevent becoming a victim.

*-Chuck Smith, Chairman Milton Township S.A.L.T. Council*



Pictured: SALT Chairman, Chuck Smith & Wife Paula Smith

## September Speaker – Julio A. Leal

### Topic: What is RTA?

RTA stands for Regional Transportation Authority. The RTA website explains that “[RTA] is government agency created by the State of Illinois to coordinate the Chicago region’s transit system, oversee its financing with transparency and accountability, and plan for a future with adequate, accessible, and equitable public transportation for the six counties of Northeastern Illinois”. The RTA believes in promoting travel independence and empowering customers with mobility options. The RTA’s Mobility Management Program helps customers with disabilities and older adults’ access accessible transit in the RTA region.



The RTA services include:

- Group Transit Orientation presentations
- Provide transit information and RTA program assistance at outreach events and resource fairs
- One-on-one Travel Training to individuals in their communities

The RTA offers in-person and virtual presentations

Topics include:

- RTA’s free travel training program
- Accessibility of Public Transit in RTA Region
- Riding CTA/Pace Buses, CTA ‘L’ & Metra Trains Ventra®
- RTA Ride Free and Reduced Fare Programs
- Safety Tips

### Milton Township RTA Services:

RTA Program – RTA allows a person to ride on the CTA, the Metra, and/or the fixed Pace bus route. We are happy to help sign you up for a Senior Ride Free Permit or the RTA card for those with Disabilities Reduced Fare Program.

Please call the Township at (630)668-1616 to make an appointment to apply or renew your RTA Card.

### Other Milton Transportation Services:

Ride DuPage– The Milton Township Ride DuPage program serves unincorporated Wheaton and Glen Ellyn. The incorporated residents of Milton Township can apply to other municipalities, such as the City of Wheaton or the Village of Glen Ellyn. We also service the villages of Carol Stream and Glen Ellyn. Residents must be 65 years of age and disabled persons to qualify. Ride DuPage is a curb-to-curb transportation service within DuPage County. It can be utilized for medical appointments, volunteer work, shopping, social visits, etc.

Participants must register for the program before making a reservation.

