



JULY 2023 ISSUE

THE S.A.L.T. COMMUNICATOR

SENIORS & LAW ENFORCEMENT TOGETHER

MISSION STATEMENT

The purpose of the Milton Township S.A.L.T. Council is to determine and to meet the needs of senior citizens by reducing crime and abuse and enhancing safety through communication and education in cooperation with the Township, law enforcement agencies, and other community agencies and organizations.

MEETINGS

Every S.A.L.T. meeting showcases a different presenter every month to help educate seniors or those helping seniors. The dedicated members of S.A.L.T. all come to communicate and help the seniors in need. Please consider joining the S.A.L.T. monthly meetings if you need support or want to stay informed on different senior topics.

- JULY 10, 2023**S.A.L.T. Meeting @ GEPD @ 10:00
- AUG, 2023** No Meeting Held this Month
- SEPT 11, 2023** S.A.L.T. Meeting @ GEPD @ 10:00
- OCT 10, 2023** S.A.L.T. Meeting @ GEPD @ 10:00
- Meeting held the following Tuesday due to Columbus Holiday
- OCT 14, 2023** Senior Auto Inspection @ WFD from 9:00am-12:00pm
Wheaton Fire Department Located: 1 Fapp Circle Wheaton, IL. 60187
- NOV 13, 2023** S.A.L.T. Meeting @ GEPD @ 10:00
- DEC 11, 2023**..... S.A.L.T. Meeting @ GEPD @ 10:00
- JAN. 2024** January Issue of the S.A.L.T. Communicator Issued
- JAN 8, 2024**..... S.A.L.T. Meeting @ GEPD @ 10:00



S.A.L.T. meets on the second Monday of each month EXCEPT August.



Glen Ellyn Police Department
65 S. Park Blvd. Glen Ellyn, IL @ 10 AM

MARK YOUR CALENDARS, AND START YOUR ENGINES



SAT, OCTOBER 14TH
FROM 9:00 AM - 12:00 PM

THE 2023 MILTON TOWNSHIP S.A.L.T. AUTO INSPECTION IS RETURNING!!!

GET TO KNOW MORE ABOUT S.A.L.T.



miltontownship.net/s-a-l-t-2/

FREE AUTO INSPECTION FOR SENIORS



The Free annual auto inspection for Milton Township seniors is sponsored by the Milton Township S.A.L.T. (Seniors and Law Enforcement Together) Council, and supported by AAA Wheaton Car Care Plus.

Certified mechanics and volunteers will check your car's safety and make recommendations for the winter months ahead. Fluid levels and tire pressure will be checked and filled as required.

- Cars are inspected on a first come, first serve basis.
- Light refreshments will be provided while you wait.

CONTACT INFORMATION:

(630)668-1616
miltontownship.net/s-a-l-t-2/



Wheaton Fire Department
1 Fapp Circle Wheaton Il, 60187

- Located one block north of Roosevelt Rd. on Fapp Circle, just behind the Target store near County Farm and Roosevelt Rd.



SCAM REPORT



MILTON TOWNSHIP S.A.L.T. COUNCIL MEETING April 10, 2023

Submitted by Arnold H. Shifrin, RPh, Director of Communications, SALT

The Dangers of Online Pharmacies

Two incentives for purchasing prescription drugs from online pharmacies are low prices and the convenience of ordering. If you decide to purchase medicines from an online pharmacy, you may not know if the pharmacy is legitimate and its medicines are safe. It is estimated that at least 95% of the world's 35,000 online pharmacies are operating illegally and are selling counterfeit and dangerous products. Forensic laboratory tests have shown that prescription medicines sold by many online pharmacies often contain too little or no active pharmaceutical ingredients (i.e., subpotent), active pharmaceutical ingredients in excess of the labeled amounts (i.e., super potent), or contaminants such as asbestos, drywall, or rat poison.

Some online pharmacies deceive customers by advertising that their medicines are “shipped from the USA.” This is done deliberately to mislead consumers into thinking the medicines are United States-sourced. In fact, these medicines are manufactured in foreign countries and do not conform to FDA standards. The medicines are then shipped to distribution centers in the U.S. and ultimately to consumers.

Many online pharmacy websites appear to be legitimate but are really “fronts” for scammers trying to steal your personal and financial information. Once you provide the requested information, your identity is stolen. You will not receive the medicines you ordered.

How to find a safe online pharmacy: To determine if you should order prescription medicines from an online pharmacy, go to <https://safe.pharmacy> and enter the pharmacy's URL in the space provided. You will be informed if the pharmacy's website is verified and you can “proceed with confidence” or whether the site “has not been reviewed by NABP” (National Association of Boards of Pharmacy). If the pharmacy site is verified, the pharmacy complies with the laws and standards of the state in which it is based as well as each state to which its medicines are distributed. Of the 10,000 U.S. online pharmacy sites that have been reviewed, only about 3% are verified as compliant. Thus, 9,700 non-verified online pharmacies in the U.S. dispense medicines that potentially put patients at risk. You are advised not to obtain medicines from online pharmacies that have not been reviewed and verified by NABP.

Before ordering medicine from an online pharmacy, look for a “padlock” icon preceding the pharmacy's URL in your browser's address bar. This confirms the site is secure and encrypted and that your medical and financial information are protected. The padlock icon appears on the websites of all pharmacies that have been reviewed and verified by NABP.

Other signs you may be visiting the website of an unsafe pharmacy:

- You're able to purchase prescription medications without a valid order from a licensed practitioner. Simply completing an online questionnaire from a “cyber doctor” without a physical examination by a licensed practitioner is often all that an online pharmacy requires for the sale of prescription medications. This is not an appropriate way to manage one's health.
- The pharmacy is located in another country. Pharmacies located abroad are not required to comply with FDA laws and standards. As a result, they may be distributing medicines that are not approved for human use.
- A physical address and telephone number do not appear on the pharmacy's website. If you don't know the pharmacy's location and telephone number, you'll have difficulty receiving guidance if you experience adverse effects to a medication they sold you or don't receive a medication you ordered and paid for.

If you were the victim of an online pharmacy scam, report it to the following agencies

- Illinois Attorney General Senior Citizens Consumer Fraud Hotline (1-800-243-5377)
- U.S. Food & Drug Administration ([fda.gov/safety](https://www.fda.gov/safety))
- Better Business Bureau ([bbb.org](https://www.bbb.org))
- Your local police department.

[Sources: NABP, DEA, and BBB]

MONTHLY MEETING RECAPS

APRIL MEETING PRESENTER

Topic: Senior Medicare Patrol (SMP), and the importance of reporting suspected Medicare Fraud

Val Guzman attended the April S.A.L.T. Committee meeting to present on the Senior Medicare Patrol (SMP) and the importance of reporting suspected Medicare fraud. The goal of the SMP is to educate Medicare Benefit beneficiaries on how they can protect their Medicare benefits and learn how to effectively report suspected fraud. The SMP is a federally funded program by the Administration for Community Living and is administered by AgeOptions in coordination with several agencies statewide.

Mr. Guzman provided the group with some practical steps on how to prevent Medicare fraud, including: educating yourself, only sharing your Medicare number with your doctor, obtaining a medical summary of your visit with your physician of services rendered (for your records), entering your personal information into a personal healthcare journal, comparing your information to your Medicare Summary Notice, and continuing to ask questions about Medicare fraud. We should all want to prevent Medicare fraud due to the fact that each year \$60 billion of taxpayer money is lost to Medicare fraud and abuse. Another important reason is your benefits could be used up through a scammer’s ruse convincing you to receive unnecessary services – this could result in you paying for something you never use or did not need.

Mr. Guzman continued that there are many types of Medicare fraud, spanning from: home health fraud, durable medical equipment, genetic testing, and the “new” Medicare card scam. If you are unsure if an offer is legitimate you can always call the Senior Medicare Patrol at 800.699.9043 and/or view their website at www.illinoissmp.org for more information and resources. AgeGuide is also here to assist you, as a non-profit that provides resources to seniors, its aim is to help you stay independent as long as possible.

Age Guide
NE Illinois
-Presented
by: Val
Guzman



(630) 293-5990 1910 S Highland Ave #100, Lombard, IL 60148 info@ageguide.org <https://ageguide.org/>

MAY MEETING PRESENTER

Topic: How the Wheaton PD Can Better Protect Seniors

The Senior Service Team of the Wheaton Police Department (formerly called “Elderly Service Officers”), presented at the May S.A.L.T Committee meeting on their initiatives to help protect seniors in Wheaton. The members of this new team are Sgt. Prempas, Officer Uhler, Detective Witten, Officer Mohammad, Officer Simpson, and Social Worker Khadija Khan. This team of Wheaton’s finest was established with the following objective in mind: to gain an understanding of the most recent criminal strategies where the elderly are targeted, to provide real life examples of criminal activities that law enforcement officers investigate (including how to recognize scams and avoid being victimized), and give preventative measures you can take to ensure your safety.

To effectively carry out these objectives, each officer has their own caseload as assigned by Sgt. Prempas. Along with this caseload, each Senior Service Officer (SSO) monitors the DuPage County adult protective services list and the individuals that have been assigned to them. They also do presentations at senior living facilities and libraries.

A recent example of this service is a Rules of the Road course that offers seniors a certificate (this certificate for course completion entitles the senior to a state-mandated discount on their auto insurance). The SSOs have also recently offered Senior CPR courses, these are tailored to the strength and ability of seniors. In short, they are focused on Seniors from A-Z



*Wheaton Police Department
Senior Services Team*

(630) 260-2161 900 W Liberty Dr, Wheaton, IL 60187 police@wheaton.il.us www.wheaton.il.us

MONTHLY MEETING RECAPS

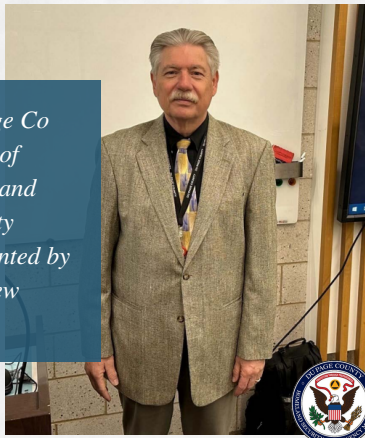
JUNE MEETING PRESENTER

Topic: Storm Weather Preparedness

Matthew Bryan joined the S.A.L.T Committee for the June Meeting to discuss the importance of storm and weather preparedness for senior residents of Milton Township. He began his presentation with a few general questions about being prepared for emergencies and shared some enlightening statistics, such as: only 39% of Americans have a developed emergency plan they have discussed with family members and by 2050 – one in five Americans will be 65 years of age or older. With these figures in mind, Mr. Bryan encouraged all present to strongly consider creating and implementing an emergency preparedness plan.

He detailed a number of important factors to consider when creating a plan for emergencies, such as: contacting family members, looking after yourself/others for 72-96 hours, and coping without power or water. This was also tailored to factors that may affect the senior population, like: impaired mobility or sensory awareness, chronic health conditions, limited social or economic resources, and lower familiarity or use of technology. All of these components should be considered and incorporated when formulating your household’s emergency preparations. A good item to help your preparedness for emergencies is having a kit readily available. Important materials to include in this kit would be: a written copy of your plan, water, medications, food, toiletries, a light, and a radio. The goal of this kit is to allow you (and yours) to be self-sufficient for 72-96 hours. Pre-made kits are available and you can tailor it your specific needs.

Mr. Bryan also emphasized the importance of not feeling overwhelmed, he mentioned there are resources to help you get started – there are templates of plans available through the Red Cross, ready.gov, and FEMA. Make a plan, write it down, talk about it as a household, and practice it today (and annually)!



DuPage Co
Office of
Homeland
Security
-Presented by
Matthew
Bryan



(630) 407-2938

418 N County Farm Rd, Wheaton, IL 60187

matthew.bryan@dupageco.org

Jodi Hefler

S.A.L.T. Vice Chairperson

21 years of Service to Milton Township Seniors



Jodi Hefler, Vice Chairperson of the Milton Township S.A.L.T. Council received a plaque at our June meeting in recognition for her 21 years of service to seniors in our community.

Jodi has done an outstanding job serving on the S.A.L.T. Council leadership team in addition to her role as Senior Service Coordinator for Glen Ellyn Senior Services. Jodi will be leaving to take on a new leadership position. She will be truly missed! We wish her well in her new role in community service and thank her for her many years of serving our local seniors.

- your friends at S.A.L.T.



Pictured from left are Arnie Shifrin, Communications Director, Milton Township Supervisor John Monino, Jodi Hefler, Vice Chairperson and S.A.L.T. Chairman Chuck Smith



Congrats!

Milton Township S.A.L.T.

The Carol Stream Police Department Scams Seminar.

The Milton Township S.A.L.T. Council was invited by Officer Carol Cadle, Crime Prevention/Public Education Officer from the Carol Stream Police Department, to participate in two programs the department recently held to educate seniors about scams.


Chuck Smith and Arnold Shifrin represented the S.A.L.T. Council and assisted Officer Cadle at Windsor Park Senior Living Community on March 22, 2023 and at Belmont Village Senior Living on April 12, 2023. The programs consisted of discussions of how various scams work and steps that seniors can take to avoid being victims. Ample time was allowed for questions and comments from the attendees at both programs. Photographs of the program at Windsor Park are shown at the left.


THANK YOU FOR INVITING US

Milton Township S.A.L.T. Council



**Milton Township Highway Department
Recycling Extravaganza**

 **October 7th 2023
from 9am-Noon**

 **Milton Township Highway Dept.
23W040 Poss St, Glen Ellyn, IL 60137**

SENIOR JOB & VOLUNTEER OPPORTUNITIES

Glen Ellyn Crossing Guards Needed!

- Shifts are 30 minutes 2x per day
 - The crossings are in the morning and afternoon.
- Holidays and summers off
- Equipment and training provided
- \$29.05 to \$31.96 per hour



Contact: Erica Tierney, Executive Assistant at etierney@glenellyn.org for more information



APPLY TODAY!

Wheaton Crossing Guards Needed!

- Shifts are 30 minutes long and you can take as many shifts as you want
- Holidays and summers off
- Equipment and training provided
- Over \$34 per hour/17 per crossing shift




Find out more and apply at www.wheaton.il.us/jobs

Volunteers Needed!

Friendly Phone Callers

- A flexible virtual volunteer opportunity
 - Volunteers can call from their own home, and on their own schedule
- Help bring social connection and conversation to socially isolated seniors
- Through technology, the volunteer's personal number is masked to maintain boundaries for both parties.

 (630) 293-5990

 dupageseniorencouncil.org/volunteering



DuPage Senior Citizens Council

Providing Meals and More...



Serving & Protecting Our Citizens

Would you like to...

Read the past issue of the newsletter?
miltontownship.net/s-a-l-t-2/

Call the Township?

(630)668-1616

Visit the Township?

1492 N. Main St. Wheaton, IL 60187

Questions?

A.deitz@miltontownship.net

S.A.L.T. Council Members

Chuck Smith, **Chairman**

Jodi Hefler, **Vice Chairperson**

Arnold Shifrin, **Director of Communications**

Officers Jill Uhlir, **Wheaton Police Department**

Officer Allison Ramirez, **Glen Ellyn Police Department**

Officer Carol Cadle, **Carol Stream Police Department**

Corporal Terri Albright, **DuPage Sheriff's Office**

Carl Voda, **Warrenville Fire Department**

Kathleen Drouin, **Metropolitan Family Services**

Chief Robert Brill, **Wheaton Fire Department**

Fire Administrator Nicole Shanley, **Glen Ellyn Volunteer Fire Department**

Sue Davison, **Glen Ellyn Senior Center**

Carl Voda, **Warrenville Fire Department**

Wheaton, Lombard Fire Department Inspector

Perry Johnson & **Glen Ellyn Fire Departments**

Milton Township Elected

John Monino, **Supervisor**

Yadav "Nick" Nathwani, **Clerk**

Jeff Castle, Drew Ellis, Joe Soto, Dan Milinko: **Trustees**

Thinking about "going green"
and would like to receive The
Communication Electronically?

Please Email:
E.LEMEZS@MILTONTOWNSHIP.NET

- Getting in tune with the latest Senior Auto Inspection
- Important S.A.L.T. Meeting Dates
- Recap of Monthly Speakers
- Scams Report
- Job & Volunteer Opportunities for Seniors
- Our experience at the Carol Stream Police Scams Seminar

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www.miltontownship.net

Wheaton, IL 60187

1492 N. Main St.

