

The October 8, 2022 Milton Township S.A.L.T. Senior Auto Inspection was another great success with 89 cars inspected.

All cars underwent a 40 point inspection, including the filling of spare tires and fluids. In addition, all car batteries were tested. Each senior received a detailed report of the inspection findings. We are very pleased to once again provide this valuable service to our Milton Township Seniors.



SENIOR AUTO INSPECTION

HIGHLIGHTS 2022



We are thankful for the more than 40 dedicated volunteers that devoted their time and talents to make this event possible. The team consisted of local volunteer mechanics, Glenbard North Youth Men's Service League and their parents. Our sponsor: AAA Car Care Plus provided all of the fluids and the support of 2 talented technicians. In addition, traffic safety was managed by our Milton Township CERT organization and Officer Jill Uhlir of the Wheaton Police Department.

Many thanks to our Milton Township S.A.L.T. team for planning, coordinating and executing this important service for our seniors.



The Milton Township SALT website at miltontownship.com/salt offers a trove of resources in our community. Check out our tabs on Transportation, Food Security, Housing, Safety & Communication, Legal & Financial services, Health as well as Age Guide.



Submitted by Arnold Shifrin Director of Communications, SALT



Microsoft Windows Update Scam

How it works: You receive an email message with the subject line "Install Latest Microsoft Windows 10 Update Now." You're instructed to click on a link in the message to install the update. If you follow the sender's instructions and click on the link, ransomware is installed on your system. Your files are encrypted and locked, and you cannot retrieve the data until a demanded ransom is paid.

If you refuse to pay the ransom, you will be denied access to your files. The perpetrators use the personal and financial information captured from your system to steal your identity and remove money from your accounts. The stolen information is sold to other criminals, exposing you to further losses.

Facts to keep in mind

- By default, the setting for automatic Windows updates is enabled on all systems. You do not have to manually install updates unless the setting has been disabled.
- It is advisable to periodically verify that the Windows version installed on your system is current even if the default setting for automatic updates has not been disabled. To do this, go to the Windows Update utility as follows: Start > Settings > Update & Security > Check for Updates. If updates are available, you'll be able to download and install them. You will also see a history of previous updates to your system.
- If you prefer, you can download Windows updates directly from the Microsoft website at https://www.catalog.update.microsoft.com/Home.aspx. You can verify this site is legitimate by the "padlock" symbol that precedes the URL in the address bar at the top of the screen. The padlock signifies the connection is secure and encrypted.
- Do not install Windows updates from links or attachments in emails. These messages are sent by scammers and should be immediately deleted. Never click any links or open attachments in unsolicited emails regardless of who the sender claims to be.
- If you receive an unsolicited telephone call from someone claiming to represent Microsoft who offers to help you with a Windows update, hang up the phone. You are dealing with a scammer. Legitimate Microsoft agents never initiate contact with customers and offer to assist with Windows updates or provide other technical support.
- Do not give out your personal or financial information to callers claiming to be from Microsoft. Legitimate Microsoft agents will never ask for this information.
- Do not click on internet "pop-up" ads that suddenly appear on your screen and offer assistance with Windows updates. These ads are furtive attempts by scammers to install ransomware or other types of malware on your system to steal your personal information.
- Be sure to make regular system backups. Even if you pay the ransom, there is no guarantee you'll be able to recover all your data. System backups may help you recover some or all of any lost information.

What to do if you're a victim of this scam

- Report fraudulent communications you receive about Windows updates to Microsoft at https://support.microsoft.com/reportascam.
- If you lost money or had your identity stolen in this scam, report the incident to the following agencies:
 - ♦ Federal Trade Commission at identitytheft.gov or 1-877-438-4338;
 - ◊ Internet Crime Complaint Center (IC3) at https://www.ic3.gov/Home/FileComplaint;
 - ♦ Illinois Attorney General's Senior Fraud Helpline at 1-800-243-5377; and
 - ♦ Your local police department. [Source: Microsoft Corporation]

For more Scam Reports, visit our Website at https://miltontownship.net/salt

OCTOBER SPEAKER RECAP

PRESENTED BY: CAITLYN TOLENTINO, CAREGIVER & DEMENTIA SPECIALIST - AGEGUIDE NE ILLINOIS



Caitlyn Tolentino, Caregiver & Dementia Specialist - Age Guide NW Illinois

AgeGuide is one of 13 Area Agencies on Aging (AAA) in the State of Illinois. These agencies were created by Congress to implement the OlderAmericans Act. Area Agencies on Aging coordinate a wide variety of services for persons age 60 and older. The AgeGuide Mission is to be a vital resource and advocate for people as they age by providing thoughtful guidance, supportive services, and meaningful connections. AgeGuide is able to provide its many



programs and services through Federal funding from the Older Americans Act. The Family Caregiver Program saw a boost through a Federal and State funding increase this year.

AgeGuide provides many resources not only to seniors but to their care takers as well. The AgeGuide Family Caregiver Program connects caregivers with resource centers, respite services, gap-filling services, legal services, counseling centers, training and education services, and support groups. To address the needs of family caregivers, AgeGuide has partnered with Tailored Care (T-CARE) to strengthen the capacity of its providers to support family caregivers. AgeGuide also offers the Relatives Raising Grandchildren program which is to support older adults raising a child in place of the parent or an adult child with severe disabilities.

Eligibility	Information, Resources & Support
Unpaid caregivers for adults 60+ Unpaid caregivers for those with Alzheimer's or related dementias 55+ raising children under the age of 18 Unpaid caregivers to adults with disabilities	Caregiver Resource Centers Respite Services Gap-Filling Services Legal Services Counseling Centers Training & Education Support Groups

AgeGuide is a valuable resource for older adults and their caregivers. If you have any questions about programs or eligibility, please refer to the contact information provided below.



CONTACT INFORMATION

(630)293-5990

1 INFO@AGEGUIDE.ORG

1910 S HIGHLAND AVE #100, LOMBARD,IL 60148

HTTPS://WWW.AGEGUIDE.ORG



S.A.L.T COUNCIL

NOVEMBER SPEAKER RECAP

PRESENTED BY: KELLY REID, GRANDPARENTS RAISING GRANDCHILDREN - METROPOLITAN FAMILY SERVICES



Kelly Reid, Grandparents Raising Grandchildren Metropolitan Family Services

Metropolitan Family Services has been helping **Chicago-area** families **since 1857**. **They are** funded by the Area Agency on Aging and State funding. Metropolitan Family Services' primary service is home and office counseling visits without cost or insurance billing. They help a number of groups with topics such as life transitions, caregiver support, and adult children support.

The main focus of November's guest speaker, Mrs. Kelly Reid, was to educate the meeting attendees about the Grandparents Raising Grandchildren program. During the presentation, Mrs. Reid shed light on the physical and mental struggles, financial struggles (1 in 20 families receive financial assistance), and legal struggles (difficulties related to obtaining custody or guardianship, enrolling their grandchildren in school, and accessing medical care for their grandchildren) that seniors take on when raising their grandchildren.

Metropolitan Family Services does offer support groups for Grandparents who are raising their grandchildren. Meetings are hosted only via Zoom at present. The purpose of these group meetings is to support one another, share experiences, express challenges and successes, advise others with different resources and tips. They try to stay connected with the seniors that come to them by hosting events and giving them the support they need with financial resources and different drives.

Metropolitan Family Services also provides programs and services in the areas of Education, Economic Stability, Emotional Wellness and Empowerment. Their Mission is: To provide and mobilize the services needed to strengthen families and communities.

Please visit their website for more valuable information or contact them with any questions you may have.





S.A.L.T COUNCIL

DECEMBER SPEAKER RECAP

PRESENTED BY: JIM MENDRICK, DUPAGE COUNTY SHERIFF



Iim Mendrick

Sheriff Mendrick began his presentation by providing some background on DuPage County. "We serve just under 1 Million people here in the second largest county in the State, and we are the only municipality with a jail."

Within the first few minutes it was evident that the Sheriff has a passion for his job and his community. He spoke to a number of good programs that have been implemented in his department under his command. These include:

- · Efforts to feed impoverished families during the holidays
- · Paring of a police officer with a health department official post domestic incident
- · Efforts to get needles and old prescription drugs out of homes
- · Sanitation efforts in the jails during cold and flu season and rehabilitation of jail inmates
- Sheriff Mendrick continued his presentation by discussing some of the challenges that the Sheriff's Office is currently facing. For example, the immigration influx has led to an increase in undocumented individuals and homelessness. He also made note that "cyber crime is up around about 600%". (Please refer to Miltontownship.net/SALT to read about
- the cyber crimes that are impacting seniors).
- Sheriff Mendrick also spoke at length about the Safety Act, which will go into effect on January 1, 2023. He shared his reservations about the Bill as he believes it will be a disservice to many. The Sheriff questions if the people that created this Bill really understand how it relates to law enforcement. The points the Sheriff made about the Bill are as follows:
- This Bill will now allow the public to make an anonymous complaint against police officers, thereby making false accusations more probable
- The Safety Act also changes the length of time law enforcement can hold an individual (no more cash bail). Law enforcement can only hold someone if they are defined as a "threat to society". If a person is not deemed a "threat to society", the officer can issue a citation. This is technically an arrest but non-custodial, meaning you don't "book" them. The threatening behavior must persist in order to hold them for a specific period of time.
- Changes will come at the Court House as well. Beginning January 1st, the Sheriff's Department can not hold someone for more than 2 days, including weekends and holidays. This means that Wheaton residents in particular will be affected as those arrested will be released right here in Wheaton. Also, manning the bond courts is now a significantly increased need as the States Attorney's Office has to prove the case in 2 days. This will be huge pressure on detectives.
- This now 900 page Act comes with many challenges as it is poorly written with 200 pages added in the first week of December. This Act needs to be read and implemented by January 1st, 2023.
- Sheriff Mendrick then moved on to speak about the Jail and the efforts made by the Department regard-
- ing rehabilitation. When a new inmate arrives the rehabilitation program begins with detox, then counseling, courses, and job training. This approach has helped lower recidivism rates down to 18%. By comparison the heroin rate is normally 90%. The rehabilitation efforts include courses in horticulture,
- tile setting, drywall, welding, janitorial services, GED'S, and truck driver training. Gang affiliated tattoo removal is provided. In addition job training is also provided where Suits for Success gives inmates 3
- suits for job interviews. The Safety Act will dramatically impact the individuals who cannot be held, but who would benefit greatly from the Sheriff's rehabilitation efforts.

Sheriff Mendrick closed his presentation by speaking on the importance of practicing situational awareness. He made note that victims of crime tend to be random. Always be aware of your surroundings. He encourages everyone to park close to stores and always lock you doors. He also encourages individuals to invest in video home monitors.

501 N COUNTY FARM RD, WHEATON, IL 60187 _____ HTTPS://www.dupagesheriff.org/ (630)682-7256 - NON-EMERGENCY



MILTONTOWNSHIP.NET/SALT

Serving & Protecting Our Senior Citizens

Would You Like To.. Read a past issue of this newsletter? www.miltontownshipsalt.com

> Call the Township? (630) 668-1616

Visit Us At the Township? 1492 N. Main St Wheaton, IL 60187

Have Questions or comments? A.deitz@miltontownship.net

Thinking about "going green" and would like to receive The Communicator electronically? Please Email e.lemezis@miltontownship.net



S.A.L.T. Council Members

Chuck Smith, Chairman · Jodi Hefler, Vice Chairwoman · Andrew Deitz, Milton Township Program Coordinator Arnold Shifrin, Director of Communications · Officers Jill Uhlir and Kayte Witten, Wheaton Police Dept. · Officer Joe Nemchock, Officer Alisson Ramirez, Glen Ellyn Police Dept.

Chief Robert Brill, Wheaton Fire Dept. · Fire Administrator Nicole Shanley, Glen Ellyn Volunteer Fire Dept. · Sue Davison, Glen Ellyn Senior Center · Carl Voda, Warrenville Fire Dept. · Wheaton, Lombard Fire Dept Inspector Perry Johnson & Glen Ellyn Fire Departments

Milton Township

Supervisor John Monino · Clerk Yadav "Nick" Nathwani Trustees: Jeff Castle, Drew Ellis, Joe Soto, Dan Milinko



t9n.qih2nwotnotlim.www

PERMIT NO. 1352 CAROL STREAM, IL ₽AID U. S. POSTAGE РВЗТ ЗТО

Wheaton, IL 60187

1492 N. Main Street