



Milton Township NEWSLETTER



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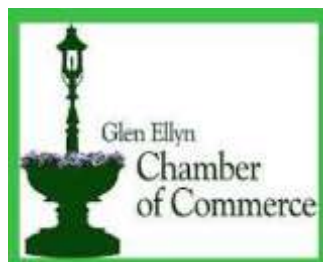
Greetings Cert Volunteers -

Year 2022 in my opinion has gone by very fast. The Team has accomplished a lot. I thought you might be interested in some facts about the team. The Team participated in over 65 events/ and or trainings this year. The team responded to West Chicago and DuPage County Forrest Preserve for an Emergency Response. We performed eight training sessions. For example the SAR & Transportation in the iconic Wheaton Bowl and many others. We graduated 77 students in 42 hours and another 36 in make-up sessions. The teams total volunteer hours added up to 10,411.00 hours x \$ 29.95 = a grand total of \$311,809.20 this is what we saved the various DuPage County Community. 233 Cert Volunteers volunteered out of 1127 that makes 20.67%. Still 20% does 80%



Big announcements for 2022 are as follows:

Trish Billings was able to work 100% on CERT since April 2022! Rob Sessner elected Treasurer and Trish Billings elected to be the President of the IL CERT Association. In Dec 2022. We thank you for your votes! Milton Township CERT formed an agreement with Glen Ellyn Police Dept. & Glen Ellyn Chamber of Commerce. We assisted with the Birth of Elburn Campton Hills CERT Team! We gained one more Train the Trainer - Mike Harvey in February 2022! Congratulations Mike!





As the clock strikes midnight on Dec 31st, then at 12:01 starts a brand new year. Time for restarts, renew, and refresh a starting over. A clean slate if you will. This is the time we start our New Year diets and make goals and write in our calendars our “to do lists “. I hope that you will add some CERT activities to your calendar and make it a priority. This year we will be going back to some of the classic trainings in CERT and I think you will find them beneficial. Please stay tuned to your email for exciting events and trainings coming your way. Looking forward to seeing YOU at something very soon!
Trish Billings – Milton Township CERT Program Manager.





SENIOR CAR CARE — Jeff Castle & Jeanine Moore

Senior Car Inspection by Jeanine Moore Saturday October 8, 2022

The weather was nice, the coffee was hot and the donuts aplenty! This year the senior car inspection was held at the DuPage County Fairgrounds. It was a different location but once everyone found their groove everything went smoothly. We serviced 89 cars! No injuries and no vehicle breakdowns!

I want to thank everyone of you for being a part of this great event. And hope to see you all again in 2023!





GLEN ELLYN FIREHOUSE OPEN HOUSE -- Rich Pioppo & Dottie Hemrick

The Glen Ellyn Firehouse open house was setup in two sections. One side was the firehouse equipment and the other was our CERT recruiting area.

The attendance was quite substantial and we had many exciting discussions about our CERT organization. We offered free Culliver's frozen treats to all the children and some parents too. As we circulated through the event, we were able to explain what CERT is and what we do.



Many showed interest and accepted our brochures. We did have two signups for our next class. We also held a raffle for a fire extinguisher and collected contact information for further use.



CPR/AED -- Jeanine Moore & Jan Gerzevske

Do you know how many chest compressions per minute are required to do CPR correctly? Should you bend your elbows when doing CPR? When should you call 911? Should an AED be used if it is available? All these questions were answered by Lt Al Katana at the Naperville Safety Building on Aurora Ave when he taught the CPR class on October 19, 2022.



Following Al's instruction, each of the participants had the opportunity to practice "lighting up" the practice dummy. When the light is lit, CPR is being done correctly. Doing CPR correctly—100-120 compressions per minute is tiring. After 1 ½ to 2 minutes, participant were ready to let another class member take over. Fourteen people which included six members of the newly graduated Indigo Class, received their CPR certification.





PRAIRIE STATE CERT CHALLENGE 2022 – Trish Billings

This year's PSCC was finally in person after two years on Zoom. It was a nice Segway into in person as it was two lectures in the morning session and then we played a Tabletop game called Disaster Ville.

We had over 46 people attend. Afterwards a survey was sent and it was apparent that everyone wants to go back to the physical Completion next year. Ask and you shall receive. Wait until 2023!



NARCAN – David Sezonov & Trish Billings



This year David and I took classes on how to teach the Narcan Slides we took a test and passed. We then passed on this information to a class of 28 people. We taught the importance of Narcan and when to use it and how to perform it properly. This class was very beneficial to all who attended.

SOUNDS OF THE STREET – Trish Billings & David Sezonov

The Downtown Association of Glen Ellyn asked the Milton Township CERT Team assist with some extra eyes and ears for the Sounds of the Street. We were all too happy to attend as many of us enjoyed the band that was playing. It happened to be a few days before Halloween so there were many characters in costume. Some of my favorite were the five dancing cool bananas, the pink dinosaurs. The most fun were the Ninja Turtles by the band members themselves.





MARC TRAINING - Trish Billings & David Sezonov

MARC— stands for Multi - Agency - Response - Center - These centers are usually stood up by the American Red Cross and the Salvation Army. The are used by the clients who were effected by the disaster. Special thanks to Mike Harvey for getting us into the Compass Church on Roosevelt Rd where we hosted the presentation. Joy Mondrano and Charlotte Hazel came and spoke to us about how and why the American Red Cross stands one up. Good information for all.



American Red Cross



Christmas Parade — David Sezonov & Jan Gerzevske

The weather was so delightful for the Wheaton Christmas Parade held on the Friday after Thanksgiving. Twenty plus CERT members assisted the Wheaton Police Department with traffic control. Everyone had a great time awaiting the arrival of Elf, Minnie and Mickey and Santa too. Several school buses could be seen all along the parade route with their lights shining bright while bands provided Christmas music. Following the parade, the city Christmas tree located in the new pavilion at Main and Liberty was lit by Minnie and Mickey. A great time was had by all who joined the celebration.



Reindeer Run 5K — Rob Sessner & Dan Piper

Another successful event! We want to thank everyone that assisted us with the Reindeer Run. Even with the cold weather, we had an excellent turnout. The only challenge we faced was trying to find some rays of sun to keep warm. We especially want to thank everyone for adjusting to the last minute changes that always accompany an event like this. Dan and I had everything planned out early in the week, and he was able to make last minute changes the morning of the race. We received compliments from the Park District and the Wheaton PD. Great job to everyone that attended the race. See you at the race next year!!





TTT @ Chicago OEM — Trish Billings

Past Training CERT Association, December 2-3 - the CERT Association of Illinois, through the sponsorship of the Illinois Emergency Management (IEMA), held a CERT Instructor Train-the-Trainer (TtT) class at the Chicago Office of Emergency Management.

We congratulate the following people on their successful completion of the two-day course. Good luck • Jennifer Kotel, Alsip CERT • Jeffery Moyer, South Lake County Regional CERT • Brandon Mundeschenk, South Lake County Regional CERT • Teresa Stadler, Highland Park Police Dept. • Latesha Tubbs, Cook County Emergency and Regional Security • Martin Mercado, Chicago Office of Emergency and Comm.

The CERT Association thanks the following CERT Instructors for their hard work and time teaching this class: • Trish Billings, CERT Association of Illinois President/Milton Township CERT • David Sezonov, Milton Township CERT • Randy James, CERT Association of Illinois Vice-President/South Lake County Regional CERT • Richard Frizelis, CERT Association of Illinois Board Member/Chicago CERT .



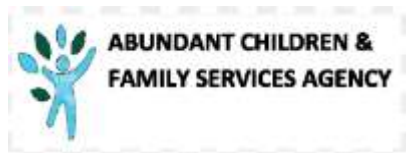
This year alone we ALL in one way or another have felt the pain of another going through tough times in their lives. Whether it is losing a loved one or finding out friends are struck ill. Just know that there are the arms of comfort from your teammates supporting you from afar, giving you space to recover quickly, and we shall see your smiling faces real soon! Take Care & BE CERT STRONG!





CHRISTMAS GIFTS DISTRIBUTION – Chuck Lindquist

We had 3 toy/food distribution events in December. Each had its own challenges. The first was the **Wheaton-Warrenville Christmas sharing**. The event went well. Thanks to those who gave an extra 30 minutes to help. The second was **PRC Share the Spirit** where we had to adjust the staging of traffic and cold temps. Thanks to all who volunteered and made everything run smoothly. The third was the **Abundant Child and Family Toy Distribution** which turned out to be a walk-in event. We had less traffic and more indoor work to do. This helped because of the cold and wind. Thanks to everyone who volunteered especially the people who did not sign up for the event but still came in. We got a ton of compliments from all 3 groups for a job well done. This just reinforces how much our group is appreciated.





Tools of the Trade — Paul Mueller Jr — Baker 06

What's in your bag?

People often ask me, “What should I carry in my go bag?” I usually answer in the same way, “That all depends.” I know this is a non-answer / answer, but it really does depend on a number of variables. What a person carries in their go-bag is a personal thing. One person may consider an item indispensable; while another thinks it is just unnecessary additional weight. The funny thing is, both can be right.

When deciding what to carry, a number of factors should be considered. First, is the item a want or a need? Only you can decide this. I may feel that carrying a roll of Tums is a want (in case of an upset stomach), while someone else sees it as a need (perhaps that person has recurring acid reflux). Second, how much space does the item take up and how much does it weigh? Again, perhaps I'm willing to carry a heavy or bulky item if I see it as a need.

Another way to begin the decision making process is to envision an extended call out, say overnight, and then ask yourself, what would I want to have with me to make this more tolerable? During this call out, what types of tasks am I likely to be asked to perform? Is it likely that I will be setting up a field hospital? Probably not, so perhaps the massive EMT trauma bag can stay at home or in the car.



Another good place to look for ideas is the list of items provided during CERT training. Do you foresee a need for all of the items or just some of them? The training instructors can offer guidelines of what may have been needed in the past. Take advantage of their years of experience and don't be afraid to ask them for their ideas and advice. They won't mind, I promise. Fellow CERT members are also willing to discuss their equipment choices. Many in fact, love to discuss this topic in depth; for some, their kit is a source of pride.

Remember that more is not always better. You need to stay mobile and be able to go the distance. Probably the best way to determine what you'll need is to get out there and use your kit. Load up your bag, put it on and go for a hike or mow the lawn. How did you hold up? Training opportunities, like the Metra train experience, are invaluable for the amount of feedback you'll get, especially from your feet and back! It will become evident pretty quickly which items are useful and which are dead weight.

One last thing, check your kit frequently for dead batteries, expired food and medicine items. There are few things worse than carrying around an item and when you really need it, it doesn't work or is expired. And don't forget to add some cold weather gear now too.



Stay Prepared.



IL CERT Assoc.-Zooms 4th Tues of each month-

If you have not signed up for the IL CERT Association go to www.certillinois.com and sign up to be a member now.



Are you MOVING? Remember if you move outside of the DuPage County and / or the State of IL, we will need your CERT Backpack back. It will be recycled to someone else.

If you have moved within the DuPage County, do we have your new address on file? Phone number, CELL Carrier, and email too?

This is extremely important we have accurate information on file because if there is a CALL OUT, we need to be able to reach you!



- Volunteer for 1 or 2 events this year
- Complete online course IS 100b
- Complete online course IS 700a
- Brush up on your training by auditing a class or volunteering at an event.

FYI: We have started up a Milton Township Facebook Page! This has articles and pictures from events that we have done and events that are in the area. If you are a Milton Township CERT Member and are on Facebook, please join our group and see what's new!

MILTON TOWNSHIP CERT TEAM - FB Name

Please visit our website at www.miltontownship.net - It's new!
(Click on the CERT TAB)

The CERT application is also on our website. Please tell your friends, co-workers, family members etc. who may be interested in enrolling in class.

Audit a class and refresh your knowledge in CERT—check out our website for future classes.



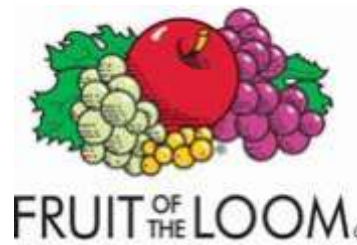


*shown on adult large tee



Official CERT Tee Shirt™ Milton Township Cert Team

A beautiful 100% 5.6oz Cotton
Shirt with pocket from



- ◆ This Forest Green Shirt comes in sizes Small to XXX Large
- ◆ It features an embroidered (not Screened) CERT LOGO on the front, and a retro reflective night time safety "CERT" name on the back.
- ◆ Your Cost is \$20.00
- ◆ Please email Trish at P.billings@miltontownship.net to order
- ◆ Please include your name/ size/ quantity/ phone/ & return e-mail address with your order

** Available only to CERT graduates! **



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“Are You Ready?”

We are on the web:
<http://www.miltontownship.net>

Visit the calendar for current and future classes/events

www.miltontownship.net

Visit the gallery of photos from past classes/events

www.miltontownship.net

